

Gel comfort for better sleep

Philips Respironics Amara Gel – full face mask

Mask fitting guide



- 1** Before putting the mask on, grip the headgear clips and twist away from the frame to disconnect.

Note: Wash hands and face before use, avoid moisturizers and lotions.



- 2** Pull the mask over your head and hold it against your face.

Note: You may need to loosen the headgear to a larger setting.



- 3** Holding the mask in place, reconnect the headgear clips by pushing them back onto the frame.

Note: The headgear should lie flat against the back of your head.



- 4** Fully extend the forehead adjuster by pressing and holding the button and sliding the frame away from your face.

Note: There should be minimal pressure felt on the bridge of your nose.



- 5** Starting with the lower straps first, pull back the headgear tabs evenly to achieve a comfortable fit.

Note: Do not overtighten. The forehead pad should only lightly touch the forehead.



- 6** Final adjustments for comfort and seal should be made whilst lying down with your device pressure applied.

Note: Should excessive leaks persist, try an alternate cushion size.

Additional details on fitting may be found in the instructions that accompany your mask. A larger frame is also available by request.

For more information please visit www.philips.com/respironics

Document order number: PN 1117694, MCI 4106274

PHILIPS
RESPIRONICS